

Physical Education Policies:

Grades:

Grades will be based on effort and participation rather than skill. Each day in class will be worth 10 points. Points are awarded based on P.A.R.R. (participation, attitude, respect and responsibility). If a student chooses not to dress, they will not be able to participate or earn their points in class that day.

The instructor reserves the right to deduct points if the student is being unsafe, disrespectful or continuously not following directions. Throughout the semester, there will be several assignments or tasks students will need to complete in class or as homework. Grades will be entered on a weekly basis.

Dress Policy:

Students will be allotted 5 minutes to change into the PE attire and out in the gym. If a student takes longer than 5 minutes to change, he/she will be marked tardy. Every student is given one "freebie" coupon per marking period should he/she forget. Each "no dress" will result in a loss of their 10 points for that day. On the **second offense**, the student will receive a verbal warning and a loss of 10 points. The **third offense** will result in a loss of 10 points and a call home. The **forth offense** will result in a loss of 10 points, call home and a detention. Further offenses will be referred to Mr. Polston and Mrs. Sorelle.

Appropriate Clothing: supportive and comfortable tennis shoes with laces, shorts, t--shirts, athletic pants or sweatshirt. Physical Education attire MUST be different from regular clothes. Active attire must meet the school handbook dress code. No midriffs or tank tops, jeans or jean shorts, khaki shorts, or open toe shoes or sandals will be allowed.

Locks/Lockers/Locker Room:

Lockers are assigned for each student's use. No technology devices are allowed in the locker room. Students are advised to keep all their belongings in their PE locker during class. It is important to never share your locker combination with anyone. Check with Miss Carmody and Mr. McClintic should you forget your combination. The PE Department and Lakeshore Middle School are not responsible for any lost/stolen/missing items.

Attendance/Make-Up Work:

An excused absence must be made up with a make-up assignment. **There are four options to choose from: 1) Family Activity; 2) Individual Exercise Activity; 3) Organized Sports/Activity; 4) School Sponsored Sports Activity.** Students will have two weeks from their absence to complete and turn in. He/She is also responsible for taking the initiative to find out what they missed from Miss Carmody or Mr. McClintic and complete a Make-Up form online. An unexcused absence cannot be made up.

Sickness, Illness, or Injuries:

If, for any reason, a student cannot participate that day due to sickness/illness, your P.E. teacher will need a parent/guardian note BEFORE the start of class that day. After the second consecutive day, a doctor's note is required. A doctor's note will be REQUIRED for any illness or injury that keeps the student out of participating in an activity for longer than 2 days. The student will have an alternative assignment to complete.